a dipotassium salt of

a sodium salt of

a disodium salt of

a sodium potassium salt of

or a solvate thereof of any one of these.

[0137] E. A pharmaceutical composition comprising

[0138] a compound of any one of Paragraphs A-D; and

[0139] a pharmaceutically acceptable carrier.

[0140] F. A pharmaceutical composition comprising

[0141] an effective amount of a compound of any one of Paragraphs A-D; and

[0142] a pharmaceutically acceptable carrier.

[0143] G. The pharmaceutical composition of Paragraph F, wherein the effective amount is an amount of the compound effective to increase cellular respiration and/or glycolytic flux in a subject.

[0144] H. The pharmaceutical composition of Paragraph F or Paragraph G, wherein the effective amount is an amount effective to treat a neurodegenerative disease in a subject.

[0145] I. The pharmaceutical compounds of any one of Paragraphs F-H, wherein the effective amount is an amount effective to treat Alzheimer's disease in a subject.

[0146] J. The pharmaceutical composition of any one of Paragraphs F-I, wherein the effective amount is an amount effective to treat Parkinson's disease in a subject.

[0147] K. The pharmaceutical composition of any one of Paragraphs F-J, wherein the effective amount is an amount effective to treat amyotrophic lateral sclerosis in a subject.

[0148] L. The pharmaceutical composition of any one of Paragraphs F-K, wherein the effective amount is an amount effective to treat multiple sclerosis in a subject.

[0149] M. The pharmaceutical composition of any one of Paragraphs F-L, wherein the effective amount is an amount effective to treat epilepsy in a subject.

[0150] N. The pharmaceutical composition of any one of Paragraphs F-M, wherein the effective amount is an amount effective to treat a mitochondrial disorder in a subject.

[0151] O. The pharmaceutical composition of any one of Paragraphs F-N, wherein the effective amount is an amount effective to improve athletic performance in a subject.

[0152] P. The pharmaceutical composition of any one of Paragraphs F-O, wherein the effective amount is an amount effective to improve cognitive performance in a subject.

[0153] Q. A method for increasing cellular respiration in a cell, the method comprising contacting the cell with a compound of any one of Paragraphs A-D.

[0154] R. The method of Paragraph 0, wherein the cell is a neuronal cell.

[0155] S. A method of increasing a ratio of cytosolic NAD+ to NADH in a cell, the method comprising contacting the cell with a compound of any one of Paragraphs A-D.

[0156] T. The method of Paragraph S, wherein the cell is a neuronal cell.

[0157] U. A method of increasing glycolytic flux in a cell, the method comprising contacting the cell with a compound of any one of Paragraphs A-D.

[0158] V. The method of Paragraph U, wherein the cell is a neuronal cell.

[0159] W. A method of increasing cellular respiration in a subject, the method comprising administering to the subject an effective amount of a compound of any one of Paragraphs A-D.

[0160] X. The method of Paragraph W, wherein the subject is suffering from a neurodegenerative disease.

[0161] Y. The method of Paragraph W or Paragraph X, wherein the neurodegenerative disease comprises Alzheimer's disease.

[0162] Z. The method of any one of Paragraphs W-Y, wherein the effective amount is an amount effective to treat Alzheimer's disease.

[0163] AA. The method of any one of Paragraphs W-Z, wherein the neurodegenerative disease comprises Parkinson's disease.

[0164] AB. The method of any one of Paragraphs W-AA, wherein the effective amount is an amount effective to treat Parkinson's disease.

[0165] AC. The method of any one of Paragraphs W-AB, wherein the subject is suffering from amyotrophic lateral sclerosis.

[0166] AD. The method of any one of Paragraphs W-AC, wherein the effective amount is an amount effective to treat amyotrophic lateral sclerosis.

[0167] AE. The method of any one of Paragraphs W-AD, wherein the subject is suffering from multiple sclerosis.

[0168] AF. The method of any one of Paragraphs W-AE, wherein the effective amount is an amount effective to treat multiple sclerosis.